



# Nutrition and Foods

Program Review Presentation

Cohort 4: 2022-2023



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# Nutrition and Foods Profile

- The Nutrition department at American River College offers an academically rich, inclusive environment that inspires critical thinking, learning, and achievement. Students learn to apply evidence-based nutrition principles to improve health and quality of life.
- The Nutrition Associate Degree for transfer (AS-T) prepares students for transfer into programs such as Dietetics, Community Nutrition, and the Health Sciences.
- The Dietary Manager/Dietary Service Supervisor (DM/DSS) Program provides certification for employment in nutritional care and dietary management within healthcare facilities.
- The department also offers a wide variety of Nutrition courses, which provide many opportunities for students to engage in lifelong learning as well as personal and professional development.



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<b>Courses</b>	<b>Transferable</b>	<b>ARC</b>	<b>CSU</b>	<b>IGETC</b>
<i>NUTRI 300</i>	<i>CSU; UC</i>	<i>AA/AS Area III(b) AA/AS Area IV</i>	<i>CSU Area E1</i>	
<i>NUTRI 302</i>	<i>CSU</i>	<i>AA/AS Area III(b) AA/AS Area IV</i>		
<i>NUTRI 310</i>	<i>CSU; UC</i>	<i>AA/AS Area V(b) AA/AS Area VI</i>	<i>CSU Area D7</i>	<i>IGETC Area 4G</i>
<i>NUTRI 320/ECE 415</i>	<i>CSU</i>			
<i>NUTRI 324</i>	<i>CSU</i>			
<i>NUTRI 481</i>	<i>CSU; UC</i>	<i>AA/AS Area V(b) AA/AS Area VI</i>	<i>CSU Area D7</i>	<i>IGETC Area 4G</i>



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<b>NUTRI 300</b>	<b>NUTRI 302</b>	<b>NUTRI 320/ ECE 415</b>	<b>NUTRI 324</b>	<b>NUTRI 481</b>
<i>Prerequisite for Nursing programs</i>	<i>Elective in the AS degree in Physical Education</i>	<i>Requirement for the AST and AA in Early Childhood Education (ECE)</i>	<i>Elective in the AA degree for Gerontology: Geriatric Health Care specialization</i>	<i>Elective course in the Honors Program</i>
<i>Elective in AA degree for Gerontology</i>		<i>Requirement for 5 ECE certificates, including the Master Teacher and Site Supervisor specializations</i>	<i>Certificate for Gerontology: Geriatric Health Care specialization</i>	
<i>Elective in AS degree in Physical Education</i>				
<i>Elective in AS degree in Sports Medicine</i>				



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# Historical Analysis

## Program Strengths:

- Outstanding faculty, committed to meeting students' needs
- Culturally relevant curriculum and OERs
- Strong partnerships with departments within college, employers and local school districts

## Program Challenges:

- Low success rates in DI groups
- Decreased enrollments in on-ground courses and in DM/DSS Program
- New CalGETC Guidelines
- Lack of support for reassigned time for DM/DSS Program Coordinator



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# Objectives

- Continue to encourage faculty to attend workshops on equitable teaching practices and effective online teaching.
- Continue to offer variety of course modalities. Explore the feasibility of offering NUTRI 300 as a Sync-Flex course.
- Increase our engagement with students through various organizations and activities on campus.
- Align our courses with new General Education requirements.
- Increase enrollment in DM/DSS Program.
- Increase adjunct faculty pool.



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# Strategic Enhancement

**The Nutrition Department is committed to our students and work to remove barriers to education for all students. We will continue to:**

- work with high school students in dual enrollment to give them the start to a college education**
- help to reduce the price of college by offering free access to course materials**
- address students' scheduling needs by offering classes in all teaching modalities, at different times of day, and year-round.**

**Within our OER and in our classroom, we strive to use examples that are inclusive and that all students can find a connection to. Whether we are talking about food patterns, nutrient intake, chronic disease risk, or body sizes, we use language that upholds the dignity and humanity of every student.**



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# Planning Steps

- Continue to offer variety of course modalities. Explore the feasibility of offering NUTRI 300 as a Sync-Flex course.
- Update AS-T to ensure smooth transfer process to CSUs.
- Update curriculum to meet new CalGETC guidelines.
- Develop partnerships with student organizations: PRISE, Umoja Sakhu Learning Communities, Native American Resource Center.
- Implement student survey to determine effectiveness of OER textbook.



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